

WHAT IS CAPSULE ENDOSCOPY (PILL CAM)?

Capsule endoscopy is a new technology designed to examine the small bowel.

The test involves swallowing a capsule (About the size of a large vitamin capsule) that takes multiple digital photos of the small bowel. The images are transmitted via small sensors attached to the abdomen with adhesive stickers. The small bowel is about 6 metres long and the capsule takes about 8 hours to travel through it.

You should pass the capsule naturally in your bowel actions.

You do not need to retrieve the capsule; it should be flushed down the toilet.

Capsule endoscopy is a day procedure. You will be required to attend our clinic in the morning for about 60 minutes for the leads and special belt to be attached. You will be given the capsule to swallow. You may then leave the clinic and return at 4pm to have the equipment removed. No sedation or anaesthetic is required.

You will need to follow a diet the day before the test and take some bowel preparation.

After your return the equipment, the information from the data recorder will be processed and assessed by Dr Seleem. You will be notified of the results within 2 weeks.



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